

1 **50743/DJB/C1000**

ABSTRACT OF THE DISCLOSURE

5 Apparatus and methods for rotating objects in accordance
with the invention are disclosed. One embodiment of the
invention includes a shaft including a socket opening in at
least one end of the shaft and a handle connected to the shaft
by a unidirectional bearing. An embodiment of the invention
adapted for rotating a tension rod having a terminal end
10 includes a shaft including a socket opening in at least one
end of the shaft and a handle connected to the shaft by a
unidirectional bearing. In this embodiment, the socket opening
is capable of engaging the terminal end of the tension rod.

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